Fred started drinking at 19 and drank for 35 years. After so many years, he wanted a different life, but he didn’t know how to begin.

Your gifts meet the greatest challenge: inspiring new hope in hurting lives

FRED’S CHALLENGE:
finding a new life
Fred came home from work and had a few drinks like he’d done every day since he was 19, but the effects of his drinking had been changing since he hit midlife. There was something terribly wrong and he knew it.

“When I was younger, I could get up the next morning without a hangover. I was functioning fine,” he says. “But over time, it got harder and harder. When I woke up, I’d be shaking so badly I’d have to have a pint of vodka. Then I was good until the liquor store opened at 8.”

Fred wound up in and out of court-ordered rehabs and was hospitalized for alcohol-related issues. Finally, the last time he awakened in the hospital, he was at the end of his rope. “I told them I needed help,” he says.

Hospital staff referred Fred to a treatment center where he completed a 14-day detox, but he had nowhere to go when he was finished. It was then members of his church told him about Hope of the Valley and he entered our House of Hope Men’s Recovery Program.

“Bible study is the best therapy I’ve ever had,” Fred says. “I went to Catholic school when I was young, but I’d forgotten so much.”

Fred’s relationship with the Lord has helped him heal emotionally, as well. “I’ve learned to control my temper. I’ve changed,” he says. “I didn’t think that was possible. I know it’s the power of God.”

Fred, who is a mechanic and handyman, plans to graduate from the program and begin work with our maintenance staff. “The Mission saves lives and I want to help them,” he says. “God brought me here for a reason.”

WITH YOUR HELP, Fred and others like him are finding that God’s hope and healing are for everyone, regardless of their past or circumstances. Thank you for your generous support!
THE GREATEST CHALLENGE

How do you challenge yourself?
Maybe you’ve trained for a marathon or half marathon and pushed yourself to run across that finish line. Maybe even a 5K race – like our Drumstick Dash – is a real test!
Or maybe you’ve been challenged by family, friends or a pastor to open your heart to someone who’s very different than you… or to live out God’s love in new and powerful ways.

Right now, we’re in the middle of a challenge from a wonderful friend of the Mission to match their generous $15,000 gift with an additional $15,000.

But our greatest challenge is a daily one: inspiring new hope in the lives of people struggling with an addiction or abuse, unemployment or homelessness, hunger or hopelessness.

In this issue’s cover story, you’ll hear Fred’s testimony of how our House of Hope Men’s Recovery Program has transformed his life.

His story is powerful because of you. You understand the challenges our neighbors in need face, and we’re grateful you share the truly life-changing gifts of meals, shelter and care.

We can meet the challenge of caring for our community’s hurting because of you and your faithful support. Thank you for giving to bring new hope to countless lives forever.

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Congratulations to Hope of the Valley's athletes who participated in the 2017 Los Angeles Marathon!

Our team was proud to join the marathon for our third year as an official charity.

Thank you for your commitment to raise money for our ministry to the hungry, hurting, and homeless men, women and children in our community.

Marathoners run to save lives!

By giving, you'll provide hot meals for a hungry child… safe shelter for a homeless woman… counsel for a man battling addiction… care for a family who has suffered abuse… and training to help men and women prepare for employment.

Visit us online to learn more about our outreach, read stories of hope & securely donate anytime!

VISIT US ONLINE hopeofthevalley.org

15,000 nights of shelter

36,957 meals